

Art of Parenting

Elahe Mehrel's ACES May Workshop



Teaching our children gratitude , by becoming the role model.

Never worry that our children might not be listening , they are always watching us. The most profound way of teaching a value, is by honestly displaying it. The skills of gratitude can be learned and practiced daily.

Art of Parenting 4 Principles:

- 1- Our Relationship lives in the space in between us.
- 2- We bring our unresolved stories to our parenting.
- 3- When children act out, they are crying for Help!!
- 4- Every conflict is a double gift.

Come and learn how to apply these principles.

Aventura Recreation Center

3375 N.E. 188 street.

May24, 2017

9:00 AM-10:30 AM

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