



# Aventura City of Excellence School

## Lunch Menu

### Jun 2018



<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
Jun 4 Baked Ziti OR Whole Wheat Tuna Sub Whole Wheat Roll Steamed Carrots or Side Salad Sliced Pears Low Fat & Fat Free Milk	Jun 5 <b>**Early Release**</b> Kosher Turkey sub Multigrain Chips Fresh Apple Water	Jun 6 <b>**Early Release**</b> Kosher Turkey sub Multigrain Chips Fresh Apple Water	Jun 7 WGR Spiral Pasta with Alfredo Cheese Sauce OR Whole Wheat Tuna Salad Sandwich Sautéed Spinach or Side Salad Fresh Apple Slices Low Fat & Fat Free Milk	

**LUNCH PRICE \$3.90 DAILY**

**Side Salad** consist of lettuce, Tomatoes & Cucumbers A-la-Cart: Hard Boiled Egg \$0.50; Portion cup of Tuna Salad \$0.50; An Alternative Protein Choice Will Be Offered Every Day Except on Early Release Days; The Salad Bar is an alternative meal to the daily lunch being offered. Salad Bar consists of the following items: Lettuce, Tomato, Cucumbers, Carrot Sticks, Celery Sticks, Hard Boiled Eggs, Tuna Salad and a slice of Whole Wheat Bread.